

Get Ready for Adult Life!



Essential Life Skills
Basic Financial Literacy
Emergency Preparedness
Health Literacy
Community Living Plan

APPLY NOW

REQUIREMENTS

- ✓ Graduated from highschool
- ✓ Young adults with disabilities aged between 18 and 40 years old.
- ✓ Must be able to attend the classes in-person

PROGRAM INQUIRY

CIDA
45-43 Francis Lewis BLVD.
Bayside, NY 11361



718-224-8197 Ext 3



www.cidainfo.coms



Now Accepting New Applications !
The 2026 Program Starts in February and September
All programs are free