

# Bridge Program



UNIVERSITY OF  
MOUNT SAINT VINCENT



## OUR MISSION

Our mission is to provide an inclusive college experience for students with learning differences on the Mount Saint Vincent campus.

Students are part of the Mount's campus life, experiencing and participating in a wide array of college opportunities.

We empower students with learning differences to become self-determined adults and participating members of their communities.



## THE BRIDGE PROGRAM

The Bridge Program is a two-year, non-degree certificate program offered at the University of Mount Saint Vincent. An optional third year may be offered to graduating Bridge students. The program provides an immersive college experience for young adults between the ages of 18-24 with various learning abilities.



**Students will develop and strengthen their skills in the following areas:**

- Academics
- Career Education
- Executive Functioning
- Independent Living
- Self-Advocacy
- Socialization

## ACADEMICS

Bridge Program community classes are open to the larger community and are non-credit bearing. Any Mount Saint Vincent undergraduate student may enroll in Bridge Program community classes and workshops.

### SAMPLE BRIDGE CLASSES

- Financial Planning
- Fitness
- Goal-Setting for Success
- Intimacy and Adult Relationships
- Introduction to College Life
- Introduction to Employment
- Introduction to Technology
- Nutrition
- Public Speaking
- Social Psychology

**In addition to Bridge Program community classes, all Bridge students are encouraged to participate in college-level courses for college credit or audit (non-credit bearing). Bridge students have participated in classes in the following areas of study:**

- Communication and Media
- English
- Fine Arts and Music
- Mathematics
- Modern Languages and Literatures
- Natural Sciences
- Psychology
- Sociology



## STUDENT LIFE

Bridge students are encouraged to get involved within the greater Mount community. Weekly emails and activity schedules keep students informed of events happening both on and beyond campus. Bridge students are also paired with a peer mentor.

**Students in the Bridge Program have been a part of countless student activities, including:**

- Attending Mount athletics events
- Displaying their musical talents at club showcases
- Joining various clubs and organizations, such as the Student Government Association (SGA), the Campus Activities Board (CAB), and the Anime and Video Game Club
- Volunteering in the local community through the Office of Mission and Ministry



## RESIDENTIAL LIVING

Resident Bridge students will live in an integrated residence hall with peers. Each student will have a roommate. All Bridge students will be placed in a suite-style bedroom furnished with a twin XL bed, desk and chair, closet, and shared bathroom. Students share common areas, including lounges and a kitchen.

Bridge Program staff assist and encourage students as they improve their independent living, time management, and social skills.



## CAREER SERVICES

Students are placed in internships beginning the Spring semester of their first year in the Bridge Program. These internships allow students to practice skills transferable to any profession and to further develop their career preferences. We expand these foundational skills through placements that encourage each students' interests.

Industry areas that our students have explored through past internship placements include:

- Athletics/Sports Management
- Campus Events
- Customer Service
- Dining Services
- Facilities and Maintenance
- Information Technology
- Nonprofit Management
- Office Administration
- Pet Grooming and Supply Shops
- Retail



## CONTACT US!

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